



OASC FIRST

VOLUME 4 WWW.OASCOK.ORG

SEPTEMBER 2009

OASC FIRST

Each month the OASC will publish the "OASC FIRST" email newsletter with information for advisors and officers. Please email suggestions or email address corrections to goberste@bkellyhs.org.

OASC LEADERSHIP TRAINING ALIVE

Thanks for your support of the OASC BASIC, Advanced, and National student council leadership summer programs.

420 delegates attended BASIC: 250 at NSU, 170 at Alva

107 delegates attended Advanced Workshop at OU

60 delegates represented Oklahoma at the NASC Conference in Denver

OASC STATE CONVENTION – NORMAN HIGH SCHOOL

A few reminders about the state convention at Norman High School:

- o Registration, workshop applications, SOS award and nationals info are available online at www.normanstuco.org

Workshop applications are available under their own link. Workshop applications are also due by October 1.

- o Attached please find housing forms for districts within a 25 minute driving distance to Norman High School. Districts will receive one additional delegate for every ten beds provided through their school.

- o All registration forms and payment must be postmarked by September 23, 2009. Schools may only bring 9 delegates (including an advisor). A \$25 late fee per delegate will be charged for late registrations.

- o Locally, we want each school to commit at least five student council members to partner with a member of your school's Special Olympics team to be their buddy, their cheerleader and log hours spent with your local team. We will collect logged hours toward Special Olympics in October. You may also record hours with special ed students in their classroom environment.

- o Don't forget to send in your great community service projects for the Sprit of Service Award. Please postmark by Oct. 5th.

If you have any questions, please do not hesitate to contact us at stuconorman@gmail.com.

Follow us on Twitter at twitter.com/oasc69

NEW STUDENT COUNCIL ADVISORS FOR 2009-10

Please notify Gary Oberste at goberste@bkelleyhs.org if your Student Council has a new advisor for the 2009-10 school year

OFFICER FILING DEADLINES

Schools running for OASC office must file by Sept. 23rd. Filing forms and information is posted on the OASC State Convention Website at www.normanstuco.org.

OASC Officer Candidate Schools: Applications should be sent to Gary Oberste, Exec. Director
Gary Oberste Fax: 918-664-2134
6627 E. 46th Pl.
Tulsa, OK 74145

NASC Delegate Schools: Applications should be mailed or faxed to Brenda Severson, OASC 1st year Advisor by Sept. 23rd.
Brenda Severson, OASC 2nd Year Advisor
1909 Creighton Dr. Norman, OK 73071
bseverson@dibble.k12.ok.us or starmixproductions@yahoo.com
Fax: 580-544-3398 Home: 580-544-3262 School: 580-544-3111
Cell: 580-517-1261

SPIRIT OF SERVICE S.O.S. AWARD INFORMATION

Application and information on the Spirit of Service S.O.S Award is available on the state convention website at www.normanstuco.org. The OASC continues the tradition of recognizing outstanding service by student leaders across the state. **Please send your project to Norman High School by October 5th, 2009.**

STATE CONVENTION ADULT COMMITTEES

If you would like to serve on one of the following Adult Committees at State Convention, please contact Philippa Kelly, OASC 3rd Year Advisor at Kelly.philippa@union.org. Adults committees are: Advisor of the Year, Basic Workshop (must have been on staff), Advanced Workshop (must have been on staff), Budgeting, Auditing, and Elections (cannot be a candidate school).

OASC ADVISOR OF THE YEAR

Attached is the 2009 Advisor of the Year form. Oklahoma has a lot of awesome advisors that are dedicated to helping provide the very best in leadership development. If you would like to make a nomination, please complete the attached form as directed. Thanks for all you do for your school! You make the difference!!

PRUDENTIAL SPIRIT OF COMMUNITY AWARD

Prudential and NASSP are launching their 15th annual search for outstanding youth volunteers. Students in grades 5–12 who have worked to improve their communities through volunteer activities over the past year have until November 2, 2009, to apply for the Prudential Spirit of Community Awards.

ALLIANCE FOR STUDENT ACTIVITIES

Please go the website for the Alliance For Student Activities to find items of interest for clubs, class, and student council advisors. There are many web-based activities on that site. Your membership in the OASC entitles you to access the Alliance's newsletters, including the monthly News of Note and the bimonthly issues of The Advocate and In Brief. Some items are password protect for members only. You can apply for your own individual membership at a reduced price due to OASC membership. The website address is www.alliance4studentactivities.org. Please enter the user ID **30AB89** and the password "advisor" to access these items this month.

DENISE VANIADIS MENTOR AWARD

Applications for the 2009 OASC *Denise Vaniadis Mentor Award* are available on line at www.oascok.org The OASC will present this award at the 2009 State Convention to an advisor who has mentored their colleagues and students alike and has had lasting influence on the lives around them. The application is due to Denise Vaniadis by October 16th.

OASC MEMBERSHIPS AVAILABLE

The OASC encourages schools to join our organization. Student Councils who are not members of the OASC can join by completing the OASC Dues form found on the OASC website and mailing it with their \$50 annual dues. If you know of a school that should be contacted about joining the OASC, please contact Gary Oberste at goberste@bkellyhs.org

NASC CERTIFIED STUDENT LEADERS

Take your leadership to the next level as you work to earn national recognition as an NASC Certified Student Leader (CSL). To apply, you'll complete a variety of tasks focused on building your leadership knowledge and improving your skills. You'll also keep record of your activities and show you've met the award criteria by creating a personal leadership portfolio.

In addition to being the key to earning the CSL award, the portfolio will serve as a valuable record of your achievements and commitment as a leader, something you may refer to often when you're applying to college and for scholarships.

Ready? Get started today!

- [Materials for Students](#)
Everything students need to learn about and apply to become a Certified Student Leader.
- [Application and Related Materials](#)
Includes the application packet, detailed instructions for completing it, a guide to building your portfolio, and a step-by-step application checklist.
- [Materials for Advisers and Principals](#)
Information and materials specifically for advisers and principals about the Certified Student Leader program.
- [Leadership Library](#)
Here you'll find information related to the criteria and tasks in each section of the application.

NASC SPONSORS L.E.A.D. CONFERENCES

The NASC office sponsors three national leadership conferences each the year. This year the conferences are: Washington, DC, Feb. 5-7, Chicago, Feb. 19-21, and Phoenix, Mar. 19-21. Leadership and registration information is available on the NASC website at www.nasc.us

Benefits for Student Leaders

Development of Student Leaders [Officer Training](#) Decision Making
 Team Building Fundraising Project Planning
 Community Service Ideas and Projects
 Experiential Training and Skills Development
 Networking and Idea Sharing
 Tools for Combating Prejudice, Bullying, Drugs and Alcohol

2009 OASC EXECUTIVE BOARD

OASC EXECUTIVE DIRECTOR

Gary Oberste
Bishop Kelley High School
3905 South Hudson Avenue Tulsa, OK 74135
Work Phone: 918-609-7120 / 918-627-3390

OASC Web page: www.oasco.org
(Forms and applications on line)

OASC Phone Number: 918-607-5273
E-mail: goberste@bkellyhs.org

Mr. Gary Oberste – Home

6627 E. 46th Pl. Tulsa, OK 74145

THIRD YEAR ADVISOR

Philippa Kelly
Union High School
Tulsa, OK 74

School: 918-
E-mail: Kelly.philippa@union.org

SECOND YEAR ADVISOR

Mendi White
Boise City High School
PO Box 72 Boise City, OK 73933

School: 580-544-3111
E-mail: white@boisecity.k12.ok.us

FIRST YEAR ADVISOR

Brenda Severson

STATE PRESIDENT

Edison High School
Nate Walker

School: 918-272-8106
Email odlrunner13@yahoo.com

Advisor: Gayle Wallace

Advisor Email:

STATE VICE-PRESIDENT

Vice-President: Claremore High School

Advisor Robin Davis

E-mail misterprez09@cox.net

Advisor Email:

STATE SECRETARY

Norman High School

Sarah

205 East B Street Jenks, OK 74037

Advisor's Name: Dawn Rietan

School Phone: 918-299-4415 ext. 2701

Email:

Advisor's Email:

NASC LEADERSHIP STORE

The NASC Leadership store is now online at www.nasc.us/store. A great resource for Student Council merchandise, publications, supplies, and clothing. Questions, call 866-647-7253.



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| August 1 | OASC State Convention information mailed to member schools by Norman High School |
| September 23 | OASC Executive Board Meeting at Norman High School |
| September 15 | Gold Chapter applications due to District Advisors |
| September 23 | State Convention Registration due to Norman High School |
| | Filing deadline for State President and Vice-President |
| | Filing Deadline for State Workshop Presentations |
| | Filing Deadline for NASC Convention delegate spots |
| October 16 | Denise Vaniadis OASC Mentor Award Nominations Due |
| October 31 | BASIC 2010 J.C. Applications due to Workshop Director |
| November 7-9 | 69th OASC State Convention at Norman High School |

OASC SPONSORS RSVP TRAINING SESSIONS

Raising Student Voice & Participation:

The OASC will sponsor training sessions for high schools interested in initiating the RSVP program in their school. Dates are TBA. Contact Darryl Andrews at darryl.andrews@yukonps.com for information.

What is RSVP?

- Student engagement program sponsored by the National Association of Secondary School Principals (NASSP) and the National Association of Student Councils (NASC). Visit www.nasc.us
- It is easily integrated into existing student council programs. Student council leaders plan and facilitate a series of summits that engage the student body in dialogues and assemble student action teams to carry out plans for resolving concerns identified in the summits.
- RSVP asks students what they care about, what proposals they have for community and school improvement, and what actions can be taken, in cooperation with adults, to implement their ideas for positive change.

Challenges Addressed by RSVP

- Provides principals with a way to utilize the leadership of their student councils to engage students more and personalize their school experience.
- Involves *all* students and student populations—specifically giving those students who are typically not involved an opportunity to share their voices and participate in civic-based activities. Establishes a process and framework for developing and implementing student-directed projects.
- Brings abstract learning to life: “Students who learn about democracy in social studies courses but who fail to see it practiced in the classroom or school are given the message that democracy is a lofty ideal, but it is not for the real world. What is needed then is an approach to citizenship education that will not only prepare students for democratic participation but help them to appreciate the value of democratic institutions”. Visit www.nasc.us to learn how RSVP can be tied to state content standards; also find on the site creative curriculum activities.
- Extends opportunities for leadership and involvement to non-elected students

JC APPLICATIONS

JC applications for the 2010 summer BASIC Leadership Workshops is October 31, 2009. Applications are on line at www.oascok.org. Send applications to

Tobi Thompson
12516 E. 88th St. N.,
Owasso, OK 74055

Email: thompson@owasso.k12.ok.us

GOLD CHAPTER

Gold Chapter schools are recognized as outstanding Student Councils that have a well-rounded program, and are active on the local, district, and state level. Gold chapter schools are awarded the OASC Gold Chapter Award of Excellence at the OASC State Convention. Gold Chapter information and forms are available on the OASC website under the District link. Forms should be submitted to your district advisor by September 15, 2009. Contact you District Advisor.

District	Advisor	Email
1	Dianna Just	justdl@junct.com
2	Gary Hula	
3	Brenda Pritle	bpirtle@lawtonps.org
4	Wanda Wood	wwood@bbisd.org
	Ginger Coleman	colemang@omrf.ouhsc.edu
6	Donna Conley	dconley@oologah.k12.ok.us
7	Steve Schwab	sschwab@baschools.org
8	Darryl Andrews	darryl.andrews@yukonps.com
9	Tammy Jensen	Tjensen@putnamcityschools.org
10	No Susan Davis	susan.davis@edmondschools.net
11	Mendi White	white@boisecity.k12.ok.us
13	No Randy Wassam	r_wassam@hotmail.com
14	No Kim Allison	allisonk@phs.poteau.k12.ok.us



2009 MEMBERSHIP INVOICE/RECEIPT

The Oklahoma Association of Student Councils (OASC) provides leadership development and training opportunities for both students and advisors throughout the year. Participation by member schools in any and all OASC Events and Activities is voluntary. Membership in the OASC is open to secondary schools. Please complete the form below and mail it along with \$50 annual dues payment to the address indicated below. OASC dues run January 1 to December 31. Thank You!

Name of School _____ City _____ Okla.

Mailing Address _____ Zip Code _____

Principal _____ OSSAA Classification _____ (6A, 5A, 4A, etc.)

Student Council District _____ School Ph. Number (405/580/918) _____

Advisor email _____ Fax _____

Advisor Name: Miss Ms Mrs. Mr. _____

Advisor Home Address _____

City _____ Zip _____ No. years as an advisor _____

Advisor Home Phone Number (405/580/918) _____

Advisor Cell Number (405/580/918) _____

Co-Advisor Name: Miss Ms Mrs. Mr. _____

Co-Advisor email: _____

Co-Advisor Cell Number:(405/580/918) _____ No. years as advisor _____

What information would be helpful to you as a student council advisor?

____ Constitution ____ Elections ____ Spirit Ideas ____ Community Service Ideas
____ Fundraising ____ Organization ____ Leadership Class ____ Using Technology
____ Inspiring and Motivating Members ____ Speakers ____ RSVP

Please mail this form and \$50 check payable to the OASC

Gary Oberste, O.A.S.C. Executive Director
6627 East 46th Place Tulsa, Oklahoma 74145

LEADERSHIP MOMENT

Rhett Laubach, Co-Founder of PLI , will provide a leadership exercise each month as part of the OASC First.

“Emotional Maturity”

OVERVIEW:

The PLI Ventures take the curriculum out of the classroom and into the real world. They are 10 big, bold and interesting projects the entire class will work on either individually, in teams or as a class. They are also your opportunity to help your students take tangible leaps in their journey to becoming Expert Leaders. There is one Venture for each of the 10 PLI Essentials and each one challenges the students to engage a significant leadership muscle. The PLI Ventures can be used at any time, but they are most effective as an introduction piece to each PLI Essential study. Some of the Ventures are designed to be the only thing the students are working on for a set number of days (i.e. they require

both in class and out of class time). The remaining Ventures can be running while you are teaching that particular Essential in class because the bulk of the Venture work is out of class.

PLI VENTURE: The Board
PLI ESSENTIAL: Emotional Maturity
OBJECTIVE: For each student to list the emotions they feel most often and to develop an Emotional Triggers Board.
MATERIAL: Presentation boards, magazines and other creative pieces.

INSTRUCTIONS:

1. Have each student develop a list of the emotions they can remember experiencing throughout their life on a daily basis. I.e.: happiness, joy, grief, stress, anger, jealousy, excitement, etc.
2. Give them a set number of days to journal about the stories associated with the emotions they felt each day. It is important to have them journal at the end of each day to capture as much of the depth of their stories as possible.
3. Once the journaling period is over, ask the students to divide their initial list and their stories into positive emotions and negative emotions. Then have them write what de-emphasizes the emotion (when I am feeling sad, what makes me happy) or emphasizes the emotion (when I am happy, what keeps me happy).
4. Each student will then design an Emotional Triggers Board using the magazines and presentations board. On the board they will list as many emotions as they can and then use some sort of visual representation to describe how they either emphasize or de-emphasize them. For example, if stress is something I struggle with and the one thing that helps me relax is jogging I might find a health magazine and use some pictures of people running or hiking.
5. Once the boards are completed, have each student present their design and then keep the boards on display throughout your Emotional Maturity study.

For information on how to order the PLI curriculum for your classroom, visit us at www.PersonalLeadershipInsight.org. The Warehouse section of the PLI web site is filled with free leadership tools and resources, as well. Enjoy!

Rhett Laubach
Owner, YourNextSpeaker, LLC
Co-Founder, PLI, Inc.
405.517.7385. Edmond, OK www>YourNextSpeaker.com
The PLI Curriculum Site - www.PersonalLeadershipInsight.org
The Speaking Skills Blog - www.AuthenticityRules.com